

Version 1.0

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At a glance



We use cookies on our website to store user preferences and information to optimise your browsing experience. See the '**Cookies used on our site**' section to see which cookies we use.



You can choose to accept all cookies, only selected cookies or you can opt out of all cookies by selecting the relevant choice in our cookie notice when visiting our site.

What are cookies?

A cookie is a small text file that a website saves on your computer or mobile device when you visit the site. A cookie doesn't contain or collect information in isolation, but when it's read by a server via a web browser, it can give information to deliver a more user friendly service such as remembering user preferences and detecting errors. A cookie will not harm your computer and no personally identifiable information is stored from the use of this site. For more information on how cookies are used on this site, please see the **How We Use Cookies** section below.

To use our website fully, you'll need to have cookies enabled. If you don't wish to enable cookies, you can still browse the site; however certain features of the site may be limited. Most web browsers have cookies automatically enabled; however see the **Disabling cookies** section below where you can find out how you can check your cookie settings.

This information is outlined as part of our efforts to comply with recent legislation and to ensure that we're open, honest and clear about user privacy. Please feel free to read our **Privacy Policy** for more information.

If you're interested in more general information on cookies, please see the [Wikipedia article on HTTP Cookies](#).



More simply put:

Cookies are small text files that are placed on your computer or mobile device when you visit a website. They help us to understand your user preferences and to continuously improve the user experience of our website.

You can choose to accept all cookies, selected cookies or opt out of cookies when you visit our site.

Cookies used on our site

We use essential and analytics cookies on our site:

Essential Cookies

Essential cookies are crucial to the basic functioning of a website. They enable core website features like page navigation and access to any secure areas. Without these strictly necessary cookies, the website cannot operate properly and essential features will not work as intended.



Essential Cookies used on our site

Name	Description	Expires after
cookieChoice	This cookie tells us whether you have accepted the cookie policy.	5 days
cookieOptions	This cookie stores your chosen cookie preferences.	5 days

Analytics Cookies

These cookies are used to collect information about how visitors use our website. We use the information to compile reports and to help us improve the website. The cookies collect information in an anonymous form, including the number of visitors to the website, where visitors have come to the website from and the pages they visited.



Analytics Cookies used on our site

Name	Description	Expires after
Google Analytics _ga	This cookie is used to distinguish unique users by assigning a randomly generated number as a client identifier. It is typically set to expire after two years but may vary based on the website's settings.	2 years
Google Analytics _gid	This cookie distinguishes unique users during each 24 hour period. This allows activity during a session to be tracked without identifying the user over long periods.	1 day

This site uses Google Analytics which is one of the most widespread and trusted analytics solutions on the web for helping us to understand how you use the site and the ways we can improve your experience. These cookies may track things such as how long you spend on the site and the pages that you visit so we can continue to produce engaging content.

If you'd like to learn more about Google Analytics cookies, [click here](#).

Disabling cookies

Cookies help you to get the most out of our website. However, if you do wish to disable our cookies then please follow the instructions [here](#).

It's worth remembering that if you choose to disable cookies, you may find that certain sections of our website do not work properly.

More information

Hopefully that's clarified our use of cookies for you. If there is something you aren't sure whether you need or not, it's usually safer to leave cookies enabled in case it does interact with one of the features you use on our site.